

# International Walk and Bike to School Day is October 4, 2006



Walk and Bike to School Day is a fun, educational event involving children, parents, schools, businesses and community leaders.

This event raises awareness about the need to:

- Reinforce children's good traffic safety skills.
- Remind adults to drive safely in school zones.
- Create and maintain safe places for children to walk within their neighborhood, such as on trips to and from school.
- Promote the fact that children need regular physical activity to stay strong and healthy.
- Encourage families to have fun and spend time together simply by walking – the easiest way to stay healthy.

If you believe these are important messages, please consider taking part: join the planning team, and walk a child to school on October 4<sup>th</sup>!

**For more information or to join the planning team for Walk and Bike to School Day, contact:**  
\_\_\_\_\_ **at** \_\_\_\_\_.

*Thank You!*